

All activities are subject to change.

# November 2024

## Assisted and Independent Living Activity Calendar

|  |  |   |  |  |   |  |
|--|--|---|--|--|---|--|
| <p>3<br/>1:00-Browns vs. Chargers - NA-CBS<br/>3:00-Faithful Friends-WC<br/>6:00-Bingo w/ Karen-WC</p> <p>Set your clocks back!</p> <p>Daylight Saving Time Ends</p> | <p>4<br/>9:30-Coffee &amp; Daily Chronicles-WW<br/>10:15-Uno Cards-WC<br/>1:00-Virtual Mass-NA<br/>2:15-Kelli's Exercise-NA<br/>3:15-Nail Polishing-WC</p>   | <p>5<br/>10:15-Parkside-WC<br/>10:30-Nostalgia-WW<br/>1:00-Short Stories-WC<br/>2:00-Music with John Buchanan-NA<br/>3:00-Rosary-NA<br/>3:30-Word Mining-WC<br/>6:00-Evening Bingo-WC</p>                       | <p>6<br/>10:00-Independent Living Shopping at Walmart<br/>1:30-Balloon Volleyball-WC<br/>2:30-What's Cooking? Grandma's Thumbprint-NB<br/>3:00-Bingo with Kelli-WC<br/>5:15-Evening Movie-Resident's Choice-NA</p>         | <p>7<br/>10:00-OLPH-WC<br/>10:30-Laughter is the Best Medicine-WW<br/>12:30-Prayer Group-NA<br/>1:00-Scenic Bus Ride<br/>1:00-Mah Jongg-NB<br/>2:30-Chair Dancing-NBL<br/>3:15-Bingo &amp; Cart-WC</p>                             | <p>8<br/>10:30-Brain Benders-WC<br/>1:15-Exercise with Kelli-NBL<br/>2:00-Music with John Pearson-WC<br/>3:00-Happy Hour-NB</p> <p>Diwali (Hindu)</p>   | <p>1<br/>10:00-Yoga with Pure Bliss Yoga Studio-NA<br/>10:30-Sweet Memories Reminiscing-WW<br/>1:00-Mexican Train Dominoes-NB<br/>2:00-Name 10-WC<br/>3:00-Bingo with Kelli-WC</p>           |
| <p>10<br/>9:30-Independent Living Trip to Hope Lutheran<br/>1:00-Football Game of the Week-NA<br/>6:00-Bingo w/ Karen-WC</p>   | <p>11<br/>9:30-Chronicles-WW<br/>10:15-Nail Polishing-WC<br/>1:00-Virtual Mass-NA<br/>1:30-Monday Sundaes-WC<br/>2:00-Solon Senior Center Snowflake Shop-WC<br/>2:15-Kelli's Exercise-NA<br/>3:30-I'm Thankful for...-WC</p> | <p>12<br/>10:15-Parkside-WC<br/>10:30-AM Yoga-NA<br/>1:00-Short Stories-NA<br/>2:00-Veteran's Day Program-WC<br/>3:00-Rosary-NA<br/>3:15-Holiday Choir Practice-WC</p>  | <p>13<br/>9:30-Independent Living Shopping at Marc's<br/>11:00-Out to Lunch at Imperial Wok in Solon<br/>2:30-Men's Club-An Amer. Hero-Ted Williams-WC<br/>3:00-Bingo with Kelli-WC<br/>4:15-Table Talk-WW</p>             | <p>14<br/>10:00-OLPH-WC<br/>10:30-Move with Kelli-WW<br/>12:30-Prayer Group-NA<br/>1:00-Scenic Bus Ride<br/>1:00-Mah Jongg-NB<br/>2:00-Flower Arranging-NA<br/>3:00-Bingo &amp; Cart-WC<br/>3:00-Book Club-NBL</p>                 | <p>15<br/>10:00-Trivia Time-WC<br/>12:45-Chair Dancing with Lisa-NBL<br/>1:30-Meet-N-Greet with New Residents-WC<br/>2:00-Music with Ron Papaleo-WC<br/>3:00-Happy Hour-NB</p>                      | <p>16<br/>10:00-Yoga with Pure Bliss Yoga Studio-NA<br/>10:30-Sweet Memories Reminiscing-WW<br/>1:00-Mexican Train Dominoes-NB<br/>2:00-Children Dancing-WC<br/>3:00-Bingo with Kelli-WC</p> |
| <p>17<br/>9:30-Independent Living Trip to Hope Lutheran<br/>1:00-Browns @ Saints-NA-FOX<br/>3:00-Faithful Friends-WC<br/>6:00-Bingo w/ Karen-WC</p>                  | <p>18<br/>9:30-Coffee &amp; Daily Chronicles-WW<br/>10:15-Uno Cards-WC<br/>12:30-Virtual Mass-NA<br/>1:45-Guest Speaker from the Portage Parks-NA<br/>3:00-Nickle Bingo-NB<br/>3:00-Nail Polishing-WW</p>                    | <p>19<br/>10:15-Parkside-WC<br/>10:30-Nostalgia-WW<br/>1:00-Short Stories-NA<br/>2:15-Live Tibetan Bowl Music and Meditation-WC<br/>3:00-Rosary-NA<br/>6:00-Evening Bingo-WC<br/>3:30-Balloon Volleyball-WC</p> | <p>20<br/>10:00-Independent Living Shopping at Walmart<br/>1:00-What's Cooking? Italian Pizza Muffins-NB<br/>2:00-Music Therapy with John Pearson-WC<br/>3:00-Bingo with Kelli-WC<br/>5:15-Evening Movie-NA</p>            | <p>21<br/>10:00-OLPH-WC<br/>10:30-Laughter is the Best Medicine-WW<br/>1:00-Prayer Group-NA<br/>1:00-Scenic Bus Ride<br/>1:30-Mah Jongg-NB<br/>2:00-Documentary-NA<br/>3:00-Bingo &amp; Cart-WC<br/>8:15-Browns vs.Steelers-NA</p> | <p>22<br/>10:00-Word Puzzles<br/>10:30-Resident Council-All Residents Welcome-WC<br/>1:00-Chair Dancing with Lisa-NBL<br/>2:00-Music and Birthdays with Michael Davis-WC<br/>3:00-Happy Hour-NB</p> | <p>23<br/>10:00-Yoga with Pure Bliss Yoga Studio-NA<br/>1:00-Mexican Train Dominoes-NB<br/>3:00-Bingo with Karen-WC</p>  |
| <p>24<br/>1:00-Football Game of the Week-NA<br/>2:30-Parkside Church Bible Study-WC<br/>6:00-Bingo w/Karen-WC</p>  | <p>25<br/>9:30-Coffee &amp; Daily Chronicles-WW<br/>10:15-Nail Polishing-WC<br/>1:00-Virtual Mass-NA<br/>2:15-Balloon Volleyball-WC<br/>3:30-Word Mining-WC<br/>6:00-Cub Scout Pack #3265-Holiday Fun-WC</p>                 | <p>26<br/>10:15-Parkside-WC<br/>1:00-Short Stories-NA<br/>2:00-Holiday Choir Practice-WC<br/>3:00-Rosary-NA<br/>3:30-Yoga with Lisa-NA<br/>6:00-Evening Bingo-WC</p>  | <p>27<br/>9:00-Independent Living Shopping at Marc's<br/>10:30-Brunch at First Watch in Solon<br/>1:30-Mass with the Priest From OLPH-WC<br/>2:15-Chair Dancing-NB<br/>3:00-Bingo with Kelli-WC<br/>4:15-Table Talk-WW</p> | <p>28<br/><br/>Puzzle Packets available in the Wellness Center and at the Westwood Nurses Station.<br/>Thanksgiving Day</p>                   | <p>29<br/>10:00-Cranium Crunch<br/>1:15-Exercise with Kelli-NBL<br/>2:00-Music with Steppin' Out-WC<br/>3:00-Happy Hour-NB</p>  | <p>30<br/>10:00-Yoga with Pure Bliss Yoga Studio-NA<br/>10:30-Sweet Memories Reminiscing-WW<br/>1:00-Mexican Train Dominoes-NB<br/>2:00-Travel-Cleveland-NA<br/>3:00-Bingo with Kelli-WC</p> |