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	Januar  Assisted and I  Living Activi  All activities are	ndependent	Happy New Year! New Year's Day	10:00-OLPH-WC 10:30-Laughter is the Best Medicine-WW 1:00-What's Cooking? Latkes-NB 2:00-Dreidel Spinning-NB 3:15-Bingo & Cart-WC  Last day of Hanukkah!	10:30-Brain Benders-WC 1:15-Chair Dancing with Lisa-NBL 2:00-Guest Speaker from Women in History-Betty Ford-WC 3:00-Happy Hour-NB	1:00-Yoga with Verena-NA 2:00-Celebrate National Trivia Day with a January Trivia Packet-WC
1:00-Browns @ Ravens-NA- 5 WEWS Channel 5 2:00-Mexican Train Dominoes with Nancy-NB 3:00-Faithful Friends-WC 6:00-Cavs vs. Hornets-NA On FDOH (44) 8:00-Golden Globes-NA-On CBS	9:30-Nail Polishing-WW 10:15-A Virtual Tour of the Wheel of Fortune Set-NA 1:00-Virtual Mass-NA 2:00-Balloon Volleyball-WC 3:15-Wheel of Fortune-WC 5:15-Awkward Guesses on the Wheel of Fortune-NA Wheel of Fortune Day!	10:15-Parkside Bible Study and Music-WC 10:30-Room visits with Hula 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA 3:00-Rosary-NA 6:00-Evening Bingo-WC	9:00-Independent Living Shopping at Walmart 11:00-Out to Lunch-TBA 2:00-Show and Tell-Bring an item you're proud of-WC 3:00-Bingo with Kelli-WC 4:15-Table Talk-WW 7:00-Cavs vs. Thunder-NA	10:00-OLPH-WC 10:30-Move with Kelli-WW 1:00-Prayer Group-NA 1:30-Football Fill-in-the-Blank and Word Mining-WC 3:00-Bingo & Cart-WC 7:30-Orange Bowl with Orange Snacks!-NA-ESPN	10:00-Cranium Crunch 1:00-Chair Dancing with Lisa-NBL 1:45-Music with Tom Todd-WC 3:00-Happy Hour-NB	11 10:00-Sweet Memories-WC 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB 3:00-Bingo with Kelli-WC
1:00-YouTube Chair Exercise-NA 2:00-Mexican Train Dominoes with Nancy-NB 6:00-Cavs vs. Pacers-NA On FDOH (44)	9:30-Chronicles-WW 13 10:15-Nail Polishing-WC 1:00-Virtual Mass-NA 2:00-Telephone Trivia and Discussion-WC 2:30-Chair Exercise-NA 3:15-Let's Play Telephone!-WC Telephone Day!	10:15-Parkside-WC 10:30-Adult Coloring-WW 1:00-Short Stories-NA 2:00-Balloon Volleyball-WC 3:00-Rosary-NA 6:00-Evening Bingo-WC 7:00-Cavs @ Pacers-NA	15  10:00-Independent Living Shopping at Marc's 1:15-Yoga with Lisa-NA 2:00-Music Therapy with John Pearson-WC 3:00-Bingo with Kelli-WC	10:00-OLPH-WC 16 10:30-Laughter-WW 1:00-Prayer Group-NA 1:15-Flower Arranging-NB 2:15-Travelogue Cleveland-NA 3:15-Bingo & Cart-WC 7:00-IL Activity-ACT Dress Rehearsal-"Play On"	17 10:00-Trivia Time-WC 1:15-Chair Dancing with Lisa-NBL 2:00-Music with Joel Scigliano-WC 3:00-Happy Hour-NB	18 1:00-Yoga with Verena-NA 2:00-Independent Adult Coloring-WC
1:00-YouTube Classical Music Concert-NA 2:00-Mexican Train Dominoes with Nancy-NB 3:00-Faithful Friends-WC	9:30-Chronicles-WW 20 10:15-Favorite Cheese-WC 1:00-Virtual Mass-NA 2:00-Cheese Tasting!-NB 3:00-Nail Polishing-WC 3:00-Nickle Bingo-NB 3:30-Cavs vs. Suns-NA  Martin Luther King Jr. Day Cheese Lover's Day!	10:15-Parkside-WC 10:30-Room visits with Hula 1:00-Short Stories-NA 2:00-Tibetan Bowls and Meditation with Verena-WC 3:00-Rosary-NA 6:00-Evening Bingo-WC	9:00-Independent Living Shopping at Walmart 11:30-Out to Lunch at Chicago Deli 2:15-Yoga with Lisa-NA 3:00-Bingo with Kelli-WC 8:00-Cavs @ Rockets-NA	10:00-OLPH-WC 10:30-Move with Kelli-WW 1:00-Prayer Group-NA 1:00-Mah Jongg with Mary-NB 2:00-Yoga with Lisa-NA 3:00-Bingo & Shopping Cart-WC	10:00-Word Puzzles 10:30-Chair Dancing with Lisa-NBL 1:00-Resident Council-All Residents Welcome-WC 2:00-Music with Ron Papaleo-WC 3:00-Happy Hour-NB	10:00-Name 10-WC 1:00-Yoga with Verena-NA 2:00-Mexican Train Dominoes-NB 3:00-Bingo with Kelli-WC
1:00-YouTube Chair Exercise-NA 2:00-Mexican Train Dominoes with Nancy-NB 2:30-Parkside Church-WC  Australia Day (Observed)	9:30-Chronicles-WW 27 10:15-Nail Polishing-WC 1:00-Virtual Mass-NA 2:15-Balloon Volleyball-WC 3:15-Queen of Hearts Word Mining, Who am I and Alice in Wonderland Trivia-WC 7:00-Cavs vs. Pistons-NA  Mad Hatter Day!	10:15-Parkside-WC 10:30-Sweet Memories-WW 1:00-Short Stories-NA 2:15-Yoga with Lisa-NA 3:00-Yatzee, Scrabble & Other Board Games -NB 6:00-Evening Bingo-WC	Living Shopping at Marc's 1:00-Mah Jongg with Mary-NB 2:00-Chinese New Year- Are you a Snake? 3:00-Bingo with Kelli-WC 7:30-Cavs @ Heat-NA  Chinese New Year	10:00-OLPH-WC 10:30-Laughter-WW 1:00-Prayer Group-NA 1:15-Cookie Baking Contest-Bake or Judge-NB 2:00-Brain Benders-WC 3:00-Bingo & Shopping Cart-WC  Director) with any question	10:00-Cranium Crunch 1:15-Chair Dancing with Lisa-NBL 2:00-Music with John Pearson-WC 3:00-Happy Hour-NB	Calendar Key  NA-Norwood A Living Room  NB-Norwood B Cafe  NBL-Norwood B Library  WC-Wellness Center  WW-Westwood  Highlighted in YELLOW-Sign  up ahead of time  RED-New or special events

Wednesday

Thursday

Friday

Saturday

Monday

Sunday

Tuesday