

THE

### FAMILY MATTERS

NEWSLETTER **ISSUE # 67** 

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CONTACT

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**Alision Pierce** 

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### What's Cooking in the World of **Assisted and Independent Living!**

Every month, Activity Director, Lisa McFarland, whips up some culinary magic with "What's Cooking!" This is no ordinary cooking class; it's a deliciously interactive adventure where residents dive into a world of scrumptious new recipes!

This month they made Italian Pizza Biscuits!













Thank you for your dedication and hard work. Congratulations on being named Employee of the Month. Your outstanding contributions reflect your exceptional work ethic, and your consistently strong performance is highly valued by all of us.



















## Commemorating Our Veterans Throughout the Campus

















































Anna Maria of Aurora Newsletter









#### Anna Maria

WHAT'S HAPPENING AROUND CAMPUS

### Crafty fun with our fabulous residents!

Residents are having a blast teaming up to whip up some Thanksgiving arts and crafts magic!





























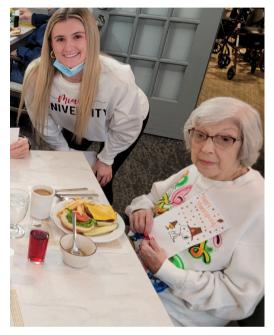






# Cards for Residents

A fabulous volunteer swooped in, spreading joy like confetti, and handed out holiday cards crafted just for the residents! What a festive delight!





























### **Fensington**

WHAT'S HAPPENING AROUND CAMPUS



# I'm Thankful FOR....













































# Fall Arts & Crafts

























# The Life Story Of: Paul Nelson

By: Carey Norton

Today I had the pleasure of sitting down with Mr. Paul Nelson who currently resides in the West Hall at Kensington. Paul was born in Boston, Massachusetts to Ellen and Algot Nelson on September 17, 1935. With having no siblings he was very spoiled. Growing up in Boston he has fond memories of going to the ball park to watch the Red Sox with his dad. While attending Everett High School he was able to work at his dad's grocery and meat market. After graduating in 1953 he then attended North Western University. On his life journey, in the year of 1956 in Chicago he met the love of his life, Winifred whom he calls "Winnie". Paul was smiling ear to ear as he talked about his wife which warmed my heart. While dating they felt they still had to pursue their own endeavors. Paul ended up going into the Army and Winnie traveled to Kentucky to be a Nurse Mid Wife. They rejoined one another in 1962 in Chicago and married on September 28th, 1963. The Smoky Mountains and Pigeon Fork Tennessee was the beautiful backdrop of their honeymoon. As a married couple they shared the love for pets and traveling. They did not have children. Paul stated they were lucky to have their dogs and cats all live long happy lives up to 18–19 years. Sagamore Hills is their hometown and Cape Cod was their ultimate favorite place to road trip to. They have currently been married 61 years.

Paul's career included managing scientific and supply branches in New Jersey, Cleveland, Detroit and Cincinnati. He also went into sales and marketing in which he traveled to thirty different companies internationally. His wife earned a PHD and taught nursing at Kent State University. Retirement for Paul was really not retiring. He smiled and told me he ended up driving a truck for Ford for ten years as he would drop Ford parts to dealers across Ohio, Pennsylvania and Virginia.

Not only did Paul work hard, he enjoyed gardening and photography. He sat across from me as he was so proud to share with me that he was a Historian at The Cleveland Fire Museum in downtown Cleveland for twenty-five years! Paul has been with us at Kensington since March of 2024 and his wife visits him weekly. He hopes one day to get strong enough so he can go back home. As our amazing conversation came to a closure I asked him, "What is your advice to all and what is your favorite saying." His response was simple but simply powerful. Paul states, "Never give up and Enjoy life every day!"









#### Independent & Assisted Living

WHAT'S HAPPFNING AROUND CAMPUS

### Music and Meditation with Verena

Meditation and music can play a transformative role in the lives of senior citizens, offering numerous mental, emotional, and physical benefits. Engaging in meditation helps to reduce stress, lower blood pressure, and improve focus and cognitive function, which can be particularly beneficial as individuals age. When combined with music, which has its own therapeutic qualities, the experience can be even more enriching. Music can evoke emotions, stir memories, and create a sense of relaxation and joy.























#### Holiday Fun with the Cub Scouts

Cub Scout Pack 3265 rolled up their sleeves and got their game faces on, spreading joy with cookie decorating and fun-filled games alongside the fabulous residents!

































We have a new Mah Jongg group. Thank you Mary from the Solon Senior Center for helping our group! See Lisa if you're interested in learning how to play or if you've played in the past and just need a refresher course.



Holly presented an interesting and educational talk on "Misunderstood Animals - Bats and Opossum." Look for her again in the Spring when she presents a talk on Birds of Northeastern Ohio!



Flower Arranging has really grown in popularity!
No doubt because of the beautiful
arrangements they all make. Thanks volunteer,
Joanne for leading this wonderful group!



Men's Club, lead by our own bus driver, Frank V. A time for the men to get together and share.











### DECEMBER TRIVIA

How many towns in America are named "Christmas"?

How many reindeer does Santa Claus have?

What mischievous character makes pranks from the day after
Thanksgiving to Christmas Eve?

In the "Twelve Days of Christmas" song, how many French hens does the true love give?

What does mistletoe mean in German?

Which New York
City theater do
the Rockettes
perform at?

What beverage company has used Santa Claus in its Christmas marketing since 1931?

What color is the elephant that describes the exchange of amusing and impractical gifts during the holidays?

In the original Frosty
the Snowman
animated movie,
what's the first thing
Frosty says when he
comes to life?

EMAIL YOUR ANSWERS TO APIERCE@ANNAMARIAOFAURORA.COM



### Winter Blanket Drive



This year, the City of Aurora is spreading warmth and kindness by organizing a blanket collection drive for Hospice of the Western Reserve! Cozy up to the idea of donating brand-new blankets to help those in need. You can drop off your soft and snuggly contributions in the donation boxes located in the HUB at Anna's and near the front desk at Kensington. Remember, you have until December 12, 2024, to make a difference. Let's wrap the community in comfort and care!



December 1- Ana Mihaila

December 3- Jean Grant

December 3- Germaine Strainic

December 4- Rose Costanzo

December 4 - Barbara Arnold

December 7- Barbara Allen

December 9- Lucy Kaufman

December 9- Carol Krohmer

December 10 - Vivian Jenkins

December 11 - Veronica Kasovich

December 12- Phyllis Hoefel

December 13 - Betty Sue Singleton

December 14- Dorothy Advent

December 14- Maureen Gunerra

December 16 - Carol O'Laughlin

December 16- Richard Hash

December 17 - Virginia Richner

December 17 - Stephen Kandra

December 18 - Dolores Monsour

December 18 - Joseph Vrona

December 20 - Christina Elwood

December 23 - Elisabeth Vuscko

December 25 - Dan Moose

December 27-Joan Fischer

December 27-James Ravencraft

December 29- John Jacobs

December 31- Joan McQuown

December 31- William Jenkins